

2012-2013 Upper Dauphin Area Elementary (K-6) Wrestling Registration Form

REGISTRATION DATES: MONDAY, OCTOBER 15TH AND SATURDAY, OCTOBER 20TH

The Upper Dauphin Area Trojan Mat Club is offering a wrestling program for Kindergarten through 6th grade students in the UDA School District. Listed below is information on the program and a registration form. **There will be a registration fee to participate in the wrestling program. The \$40 fee includes a pair of UDA Wrestling fight shorts.**

Please return the completed registration form on Monday, October 15th 6:00-8:00PM or on Saturday, October 20th 9:00-11:00AM at the High School Wrestling Room. Please bring your child with you to registration as we will be sizing him/her for a singlet and weighing him/her to get an approximate wrestling weight.

There will be two levels of practices based on the experience and ability level of your child: Novice, and Intermediate/Advanced. Each program has different goals based upon the ability level of your child. The coach at each level has the final determination in placing the wrestlers in their appropriate level.

We are anticipating that both levels will be participating in 2 Leagues this year: Central Pennsylvania Wrestling Association (CPWA) and the Coal Cracker Wrestling League (CCWL).

If you have any questions about the youth wrestling program, please contact Todd Rupp at (717)329-8985.

Level	Goal
Novice	The objective of this program is to teach the basics of wrestling. Practices will consist of wrestling techniques and fun activities. Wrestlers are encouraged to participate in scrimmages and tournaments. The first practice will be on Wednesday, November 28th. A detailed schedule will be available at registration.
Intermediate/ Advanced	The objective of this program is to teach the fundamentals of wrestling to our wrestlers who have completed Level 1 in the UDA Wrestling Skills Assessment Program. Practices will consist of wrestling, drills and fun activities. Weekend tournaments are highly encouraged. Wrestlers at this level are eligible to compete on the Dual Meet Team in which participation is mandatory. Wrestlers are also eligible to participate in the scrimmages and two league tournaments at the end of the season. The first practice will be Tuesday, November 13th. Wrestlers in the intermediate/advanced group will practice two or three nights per week. A detailed schedule will be available at registration.

**DETACH AND RETURN WITH \$40 REGISTRATION FEE
ON OCTOBER 15 FROM 6:00-8:00PM OR OCTOBER 20 FROM 9:00-11:00AM**

WRESTLER'S NAME: _____ GRADE: _____ D.O.B: _____

ADDRESS: _____ APPROX. WEIGHT: _____

CITY: _____ ST: _____ ZIP: _____

HOME PH: _____ CELL PH #1: _____ CELL PH #2: _____

E-MAIL: _____

PARENT'S NAME(S): _____

I hereby release the Upper Dauphin Area Trojan Mat Club, Officers, Coaches and any sponsors from any and all liabilities, claims or rights to damages for injuries or losses suffered by me directly or indirectly from traveling to or participating in the Upper Dauphin Area Trojan Mat Club Wrestling Program.

WRESTLER'S SIGNATURE: _____ Date: _____

PARENT or GUARDIAN'S SIGNATURE: _____ Date: _____

Please Check one if interested in volunteering:

Taking Pictures
 Keeping Statistics
 Team Mom (Novice, Intermediate/Advanced)